# WHAT'S FOR LUNCH THIS SPRING/SUMMER?

#### Caterlink is an award-winning food service provider catering for primary schools across the country.

We are passionate about providing your children with freshly prepared school lunches that are true to our fresh food heritage. All our menus are nutritionally analysed to ensure they meet and, in most cases, exceed The School Food Standards set by our nutrition team. We are committed to constantly reviewing our menus and recipes to ensure they are healthy. We have reduced sugar in our desserts to below the 6.5g recommendations by Public Health England and have been recognised as leading the way by SUGAR SMART UK. We have also introduced a number of plant-based recipes to our menus and meat free days to support the sustainability aspects of our offer.

### KEEP IN TOUCH

You can keep up to date with what's going on by visiting our web site

#### https://caterlinkltd.co.uk/my-caterlink

to find the latest news and information about our upcoming theme days and our current menus. You can also get in touch through our Contact Us page. We appreciate all feedback on our service.

## UNIVERSAL INFANT FREE SCHOOL MEALS

Don't forget if your child is in Reception, Year 1 or Year 2, they can enjoy a meal each day without charge, irrespective of income. However, you still need to register if you are entitled to Free School Meals. This is important and helps schools funding.

#### FREE SCHOOL MEALS

Low Income - Are you missing out? To check if you are entitled to Free School Meals entitlement ask at your school office.

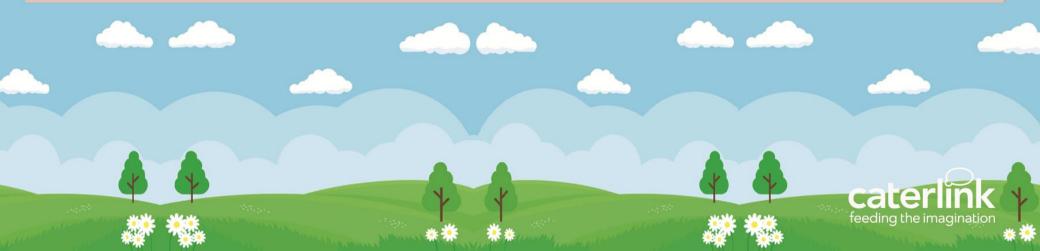
### RECRIJITMENT

We are always looking for new talented team members, if you are interested in joining Caterlink or becoming an apprentice visit us through our web site.

https://caterlinkltd.co.uk/jobs-careers/ or email hrsupport@caterlinkltd.co.uk

### ALLERCY INFOMATION

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.



**Spring Summer** TUESDAY WEDNESDAY THURSDAY FRIDAY MONDAY 2024 St Stephen's **WEEK ONE Option One** YAMAS **NEW** Vegetable Stack Penne Sausages, Roast Potatoes Fishfingers with Chips & Bolognaise ( with Rice & Gravy Tomato Sauce Greek Chicken Pitta with 15/04/2024 Rice, Tzatziki & Salad 06/05/2024 **Option Two** Cheese & Tomato Pizza Veaan Penne Vegan Sausages, **BBQ** Quorn with Chips 03/06/2024 Roast Potatoes & Gravy with Pasta Salad Bolognaise Cheese Whirl with Rice, 24/06/2024 Tzatziki & Salad 15/07/2024 09/09/2024 **Option Three** Jacket Potato with a Filling Jacket Potato with a Filling Jacket Potato with a Jacket Potato with a Filling Jacket Potato with a Filling 30/09/2024 of the day of the day Filling of the day of the day of the day 21/10/2024 Freshly Chopped, Apple Crumble with **NEW** Berry Mousse Iced Vanilla Sponge Vanilla Shortbread Dessert Fruit Salad Ice Cream **WEEK TWO** Pasta Kitchen Burger with Potato Wedges Roast Chicken, Stuffing, Fishfingers or Salmon **Option One** Beef Lasagne with Garlic Bread Tomato Pasta & Tomato Sauce Roast Potatoes, & Gravy Fishfingers with Chips & Tomato Sauce 22/04/2024 Carbonara 13/04/2024 **Option Two** Pasta with Vegan Burger with Potato Vegetable Wellington, Vegetable Curry **NEW** Vegan Sausage Roll 10/06/2024 **Toppings** Wedges & Tomato Sauce Stuffing, Roast Potatoes & with Rice with Chips & Tomato 01/07/2024 Gravy A Sauce 22/07/2024 16/09/2024 Jacket Potato with a Jacket Potato with a Fillina of Jacket Potato with a Jacket Potato with a Filling of Jacket Potato with a **Option Three** 07/10/2024 Filling of the day Filling of the day Filling of the day the day the day Fruit Medley **NEW** Chocolate Brownie **NEW** Iced Biscuit Jelly with Mandarins Oaty Cookie Dessert NEW Chicken Fajitas **NEW** All-Day Vegetarian Roast Gammon, New Fishfingers with Chips & WEEK THREE **Option One Breakfast** Potatoes or Mashed Tomato Sauce with Rice Potatoes & Gravy Chicken Paella with Vegan Chilli with Rice Parsnip & Sweet Potato Patatas Bravas **Option Two** Cheese & Bean Pasty Loaf with New Potatoes Macaroni Cheese or Mashed Potatoes & with Chips Veggie Meatballs with Gravv Patatas Bravas 🧢 08/07/2024 **Option Three** Jacket Potato with a Fillina Jacket Potato with a Filling of Jacket Potato with a Jacket Potato with a Filling of Jacket Potato with a Filling of the day the day Filling of the day the day of the day Fruit with Ice Cream Syrup Snap Biscuit Fruit Platter < Chocolate Shortbread Summer Lemon Cake Dessert

#### **MENU KEY**



Added Plant Power



Wholemed



Veaa



Chef's Special

Available Daily: - 2 Types of Seasonal Vegetables - Bread Freshly Baked on Site - Daily Salad Selection

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