Investigating polar environments

The Arctic and the Antarctic are polar regions.

The Arctic

The northern-most point of the Arctic is the North Pole. The centre of the Arctic is frozen throughout the year. There are many islands in the Arctic. These land areas are usually frozen throughout the winter but during the summer, some of the ice melts and some plants can grow. These plants provide food for land animals such as reindeer and caribou. Polar bears and Arctic foxes also live in the Arctic. A person who lives in the Arctic is called an Inuit.

The Antarctic

The Antarctic is the area of ice and snow around the South Pole. Underneath the ice cover there is land which is known as Antarctica. The Antarctic is the coldest place on Earth and no land animals are able to live there. Penguins and seals are able to live there because they are mainly sea animals.

Key Vocabulary		Visual Prompts
The North and South Pole	North Pole	
The Arctic	South Pole	
The Antarctic		
Inuit people		
Polar bears		
Penguins		

Key Questions

Who are the Inuit community? The Inuit people are a community that live in the Arctic.

Where are the North and South Poles?

The North Pole is in the middle of the Arctic Ocean.
The South Pole is located on the continent of Antarctica.

Where do Polar bears and penguins live? Polar bears live in the Arctic, near the North Pole. Most penguins live on the continent of Antarctica.







